

Javelin - Discus - Hammer

| TIMES | TUESDAY 18 | WEDNESDAY 19 | THURSDAY 20 | FRIDAY 21 | SATURDAY 22 |
|-------|-------------|--------------------|--------------------|---------------------|---------------------|
| 09.00 | Hammer M50 | Discus M55 | Discus F50 and F55 | Hammer M45 | Hammer M75+ |
| 09.30 | | | | | Javelin M 60 |
| 10.00 | | | | | Hammer M70 |
| 10.15 | Hammer M55 | | | | |
| 10.30 | | Discus M50 | Discus F45 | Hammer M40 | Javelin M 65 |
| 11.00 | | | | | Hammer M35 |
| 11.30 | Discus M35 | | | | Javelin F70+ |
| 11.45 | | | Discus F40 | | |
| 12.00 | | Javelin M 35 | | | Discus M45 |
| 12.30 | | | | Discus F60 | Javelin F60 and F65 |
| 12.45 | | Hammer F50 and F55 | Discus F35 | | |
| 13.00 | Discus M70 | Javelin M 70 | | Javelin F45 | |
| 13.30 | | | Hammer M60 | | Discus M40 |
| 14.00 | Discus M75 | | | Discus F65 | |
| 14.15 | | Hammer F45 | | | |
| 14.30 | | Javelin M75+ | Javelin M55 | Javelin F35 and F40 | |
| 14.45 | | | | | |
| 15.00 | Discus M80+ | | Hammer M65 | Discus F70+ | |
| | | | | | |
| 15.30 | | Hammer F40 | | | |
| 15.45 | | | | Javelin F50 and F55 | |
| 16.00 | Javelin M40 | | Hammer F60 and F65 | Discus M60 | |
| 16.30 | | | Javelin M50 | | |
| 17.00 | Javelin M45 | Hammer F35 | Hammer F70+ | Discus M65 | |