

MONDAY 17th of MARCH 2008

			LONG JUMP Pentathlon	HIGH JUMP Pentathlon	SHOT PUT Pentathlon
8.30	F60+	60m Hurdles Pentathlon			
8.40	M80+	60m Hurdles Pentathlon			
8.50	F55	60m Hurdles Pentathlon			
8.55	F50	60m Hurdles Pentathlon			
9.00	M75	60m Hurdles Pentathlon			
9.05	M70	60m Hurdles Pentathlon			
9.20	F40	60m Quarterfinal			
	M65	60m Quarterfinal			
	M60	60m Quarterfinal			
10.00	M55	60m Quarterfinal			
10.20	M50	60m Quarterfinal			
	M45	60m Quarterfinal			
11.10	M40	60m Quarterfinal			
	M35	60m Quarterfinal			
12.15	F45	60m Hurdles Pentathlon			
12.25	F40	60m Hurdles Pentathlon			
12.35	M65	60m Hurdles Pentathlon			
12.45	F35	60m Hurdles Pentathlon			
12.50	M50	800m Quarterfinal			
13.15	M45	800m Quarterfinal			
13.45	M40	800m Quarterfinal			
15.00	F70	60m - semifinals			
	F65	60m - semifinals			
	F60	60m - semifinals			
	F55	60m - semifinals			
	F50	60m - semifinals			
15.30	F45	60m - semifinals			
	F40	60m - semifinals			
	F35	60m - semifinals			
	M80	60m - semifinals			
	M75	60m - semifinals			
16.00	M70	60m - semifinals			
	M65	60m - semifinals			
	M60	60m - semifinals			
	M55	60m - semifinals			
	M50	60m - semifinals			
16.40	M45	60m - semifinals			
	M40	60m - semifinals			
	M35	60m - semifinals			
17.15	F45	800m - semifinals			
	F40	800m - semifinals			
	F35	800m - semifinals			
18.00	M70	800m - semifinals			
	M65	800m - semifinals			
18.30	M60	800m - semifinals			
18.45	M55	800m - semifinals			
19.00	M50	800m - semifinals			
19.15	M45	800m - semifinals			
19.30	M40	800m - semifinals			
19.45	M35	800m - semifinals			

TUESDAY 18th of MARCH 2008

			Long Jump Pentathlon	High Jump Pentathlon	Shot Put	Shot Put
8.30	M60	60m Hurdles Pentathlon			F 65	
8.45	M55	60m Hurdles Pentathlon				
9.00	M75+	3000m Track Race Walk - final				F 75+
9.15					F 60	
9.30	M70	3000m Track Race Walk - final				
10.00	F65+	3000m Track Race Walk - final				F 70
10.30	M50	60m Hurdles Pentathlon				
10.35	F60-55	3000m Track Race Walk - final				
11.00	F50	3000m Track Race Walk - final				
11.20	M45	60m Hurdles Pentathlon				
	M40	60m Hurdles Pentathlon Group C				
11.50	F45	3000m Track Race Walk - final			Shot Put Pentathlon	Shot Put Pentathlon
12.15	F40-35	3000m Track Race Walk - final				
12.40	M40	60m Hurdles Pentathlon Group A and B				
12.50	M35	60m Hurdles Pentathlon				
13.00	M85+	60m Final				
13.05	M80	60m Final				
13.10	F75+	60m Final				
13.15	M75	60m Final				
13.20	F70	60m Final				
13.25	M70	60m Final				
13.30	F65	60m Final				
13.35	M65	60m Final				
13.40	F60	60m Final				
13.45	M60	60m Final				
13.50	F55	60m Final				
13.55	M55	60m Final				
14.00	F50	60m Final				
14.05	M50	60m Final				
14.10	F45	60m Final				
14.15	M45	60m Final				
14.20	F40	60m Final				
14.25	M40	60m Final				
14.30	F35	60m Final				
14.35	M35	60m Final				
14.45	M50	200m - Heats				
15.25	M45	200m - Heats				
16.00	M40	200m - Heats				
16.30	M35	200m - Heats				
17.10	M80+	800m Final				
17.15	M75	800m Final				
17.20	M70	800m Final				
17.25	F65+	800m Final				
17.30	M65	800m Final				
17.35	F60	800m Final				
17.40	M60	800m Final				
17.45	F55	800m Final				
17.50	M55	800m Final				
17.55	F50	800m Final			Shot Put	Weight Throw
18.00	M50	800m Final			M 60	F50-59
18.05	F45	800m Final				

18.10	M45	800m Final				
18.15	F40	800m Final				
18.20	M40	800m Final				
18.25	F35	800m Final				
18.30	M35	800m Final				
19.00	F55	200m - Quarterfinal				F45
19.10	F50	200m - Quarterfinal				
19.25	F45	200m - Quarterfinal			M65	
19.40	F40	200m - Quarterfinal				
19.50	F35	200m - Quarterfinal				
20.00	M70	200m - Quarterfinal				
20.10	M65	200m - Quarterfinal				F35-44
20.20	M60	200m - Quarterfinal				
20.30	M55	200m - Quarterfinal				
20.45	M50	200m - Quarterfinal				
21.00	M45	200m - Quarterfinal				
21.15	M40	200m - Quarterfinal				
21.30	M35	200m - Quarterfinal				

WEDNESDAY 19th of MARCH 2008

					HIGH JUMP	SHOT PUT	SHOT PUT
8.30	M80	200m - Semifinals		8.30	M60	M45 Gr 1	M45 Gr 2
	M75	200m - Semifinals					
	M70	200m - Semifinals					
	M65	200m - Semifinals					
9.00	F70	200m - Semifinals					
	F65	200m - Semifinals					
	F60	200m - Semifinals					
	F55	200m - Semifinals					
	F50	200m - Semifinals					
	F45	200m - Semifinals		10.00		M40 Gr 1	M40 Gr 2
	F40	200m - Semifinals					
	F35	200m - Semifinals					
10.15	M60	200m - Semifinals		10.30	M65		
	M55	200m - Semifinals					
	M50	200m - Semifinals					
	M45	200m - Semifinals					
	M40	200m - Semifinals					WEIGHT THROW
	M35	200m - Semifinals		11.15			M65
11.00	M65	3000m Track Walk Race Final					
11.30	M60	3000m Track Walk Race Final					
12.00	M60	3000m Track Walk Race Final					
12.30	M55	3000m Track Walk Race Final					
13.00	M55	3000m Track Walk Race Final		13.30	M70		
13.25	M50	3000m Track Walk Race Final		14.00			M 60
13.50	M50	3000m Track Walk Race Final					
14.15	M45	3000m Track Walk Race Final					
14.40	M40	3000m Track Walk Race Final					
15.05	M35	3000m Track Walk Race Final		15.00	M75+		
15.30	M75+	3000m Final		16.00			F60
15.55	M70	3000m Final			POLE VAULT	POLE VAULT	
16.20	F65+	3000m Final		16.30	M45	M40	
16.45	F60	3000m Final					
17.10	F55	3000m Final		17.00			F65+
17.30	F50	3000m Final					
17.50	F45	3000m Final					
18.10	F40	3000m Final					
18.30	F35	3000m Final		19.15		M35	
18.50	M85+	200m Final					

18.55	M80	200m Final					
19.00	F75+	200m Final					
19.05	M75	200m Final					
19.10	F70	200m Final					
19.15	M70	200m Final					
19.20	F65	200m Final					
19.25	M65	200m Final					
19.30	F60	200m Final					
19.35	M60	200m Final					
19.40	F55	200m Final					
19.45	M55	200m Final					
19.50	F50	200m Final					
19.55	M50	200m Final					
20.00	F45	200m Final					
20.05	M45	200m Final					
20.10	F40	200m Final					
20.15	M40	200m Final					
20.20	F35	200m Final					
20.25	M35	200m Final					

THURSDAY 20th of MARCH 2008

				LONG JUMP	LONG JUMP	SHOT PUT	WEIGHT THROW
8.30	F45	400m -semifinals		F55	M70	M80 M85+	M45
	F40	400m -Quarterfinals					
	F35	400m - semifinals					
	M65	400m - semifinals					
9.15	M60	400m - Quarterfinals	9.30			M75	
	M55	400m - Quarterfinals	9.45	F50			
10.00	M50	400m - heats	10.00		M75+		M40
	M45	400m - heats	10.45			M70	
11.00	M40	400m - heats		F60			
	M35	400m - Quarterfinals					SHOT PUT
			11.15				M35
12.30	M70	60m H - semifinals					
	F50	60m H - semifinals					
	F45	60m H - semifinals					
	F40	60m H - semifinals	13.00	F65	F70+		
13.15	M60	60m H - semifinals				POLE VAULT	
	M55	60m H - semifinals	13.30			M60	M65
	M50	60m H - semifinals					
	M45	60m H - semifinals	14.15	F35			
	M40	60m H - semifinals	14.35		M65		
	M35	60m H - semifinals					
14.30	M65	3000m - final	15.00			M70+	
15.00	M60	3000m - final B-A					
15.45	M55	3000m - final B-A	15.45	F40 Gr1	F40 Gr 2		M75+
16.30	M50	3000m - final C-B-A				HIGH JUMP	
17.15	M45	3000m - final C-B-A	16.30			M50	
			16.45				M55
18.00	M40	3000m - final C-B-A	17.15	F45 Gr 1	F 45 Gr2		
18.45	M35	3000m - final B-A					
19.15	M50	400m - Quarterfinals					
	M45	400m - Quarterfinals					
	M40	400m - Quarterfinals					

FRIDAY 21st of MARCH 2008

				HIGH JUMP	TRIPLE JUMP	TRIPLE JUMP	SHOT PUT	POLE VAULT
8.30			8.30		M75+	F65+	M50 GrB	
8.45			8.45	F70+				M55
9.00								
9.15	F50	400m – semifinals						
9.30	F40	400m – semifinals						
	M70	400m – quarterfinals	9.45		M70	F50/55/60	M50 Gr A	
	M60	400m – semifinals						
	M55	400m – semifinals	10.15	F50-55				
10.15	M50	400m – semifinals						
10.50	M45	400m – semifinals	10.30		M65			M50
11.00	M40	400m – semifinals	11.00			F45	M50 final	
11.15	M35	400m – semifinals						
11.30	F65+	60m Hurdles - final						
11.40	F60	60m Hurdles - final						
11.50	M80+	60m Hurdles - final						
12.00	F55	60m Hurdles - final					M55	
12.05	F50	60m Hurdles - final						
12.10	M75	60m Hurdles - final						
12.15	M70	60m Hurdles - final	12.00	F60-65	F35			
12.25	F45	60m Hurdles - final						
12.30	F40	60m Hurdles - final	12.15			F40		
12.40	M65	60m Hurdles - final						
12.45	M60	60m Hurdles - final						
12.55	F35	60m Hurdles - final			LONG JUMP	LONG JUMP		
13.00	M55	60m Hurdles - final	13.15		M55	M60		
13.05	M50	60m Hurdles - final						
13.15	M45	60m Hurdles - final						
13.20	M40	60m Hurdles - final						
13.25	M35	60m Hurdles - final	13.30					
13.40	F50	1500m – semifinals						
14.00	F45	1500m – semifinals	13.45	F45			WEIGHT THROW	
	F40	1500m – semifinals	14.00				M35	
14.30	M65	1500m – semifinals	14.45		M50 Gr1	M50 Gr2		
	M60	1500m – semifinals						
15.00	M55	1500m – semifinals	15.15	F40				
15.30	M50	1500m – semifinals	15.30		M45 Gr1	M45 Gr 2	M70	
16.00	M45	1500m – semifinals	16.30				M75+	
16.30	M40	1500m - semifinals	17.00		M40 Gr 1	M40 Gr 2		
17.10	M35	1500m - semifinals	17.30	F35				
17.30	M70	400m – semifinals						
			18.30		M35 Gr 1	M35 Gr 2		

SATURDAY 22nd of MARCH 2008

			HIGH JUMP	HIGH JUMP	POLE VAULT	TRIPLE JUMP	TRIPLE JUMP	SHOT PUT	WEIGHT THROW
8.30	M75+	1500m - final	M45		F35/40 6+11	M60	M35	F55	M55
8.45	M70	1500m - final							
9.00	M65	1500m - final							
9.15	F65+	1500m - final							
9.30	M60	1500m - final							
9.40	F60	1500m - final						F50	
9.55	M55	1500m - final							
10.05	F55	1500m - final		M35					
10.15	M50	1500m - final							
10.25	F50	1500m - final				M55	M40		
10.35	M45	1500m - final			F45/50				M50
10.40	F45	1500m - final							
10.50	M40	1500m - final							
11.00	F40	1500m - final							
11.10	M35	1500m - final							
11.20	F35	1500m - final							
11.30			M40					F45	
11.40	M85+	400m - final							
11.50	M80	400m - final							
12.00	M75	400m - final			F55+	M50	M45		
12.05	M70	400m - final							
12.10	F70+	400m - final							
12.20	M65	400m - final							
12.25	F65	400m - final							
12.30	M60	400m - final	M35						
12.35	F60	400m - final							
12.40	M55	400m - final							
12.45	F55	400m - final							
12.50	M50	400m - final							
12.55	F50	400m - final							
13.00	M45	400m - final							
13.05	F45	400m - final							
13.10	M40	400m - final							
13.15	F40	400m - final						F40	SHOT PUT F35
13.20	M35	400m - final							
13.25	F35	400m - final							
14.00		4X200m - final							