

Javelin - Discus - Hammer

TIMES	TUESDAY 18	WEDNESDAY 19	THURSDAY 20	FRIDAY 21	SATURDAY 22
09.00	Hammer M50	Discus M55	Discus F50 / F55	Hammer M45	Hammer M75+
09.30			Javelin M50		Javelin M60
10.00					Hammer M70
10.15					
10.30	Hammer M55	Discus M50	Discus F45	Hammer M40	Javelin M 65
11.00					Hammer M35
11.30			Javelin M55		Javelin F70+
11.45	Discus M35		Discus F40		
12.00		Javelin M35		Discus F60	Discus M45
12.30					Javelin F60 / F65
12.45		Hammer F50 / F55	Hammer F65+		
13.00	Discus M70 / M75			Javelin F45	
13.30			Discus F35		Discus M40
14.00				Discus F65+	
14.15		Hammer F45			
14.30		Javelin M70+	Hammer M65	Javelin F35 / F40	
14.45					
15.00	Discus M80+				
15.30		Hammer F40		Discus M60	
15.45			Hammer M60	Javelin F50 / F55	
16.00	Javelin M40				
16.30					
17.00	Javelin M45	Hammer F35	Hammer F60	Discus M65	